

#### Contact

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At Center ÜBERLEBEN we advocate for and support the survivors of torture and violence from war both nationally and internationally. Men, women, and children from around 50 countries come to us for help. Our clients and patients receive medical and psychotherapeutic support, as well as social counseling and integration support. To overcome linguistic barriers in the intercultural counseling- and treatment setting, we work with certified language and cultural mediators.

In 2007, the Center ÜBERLEBEN started the housing project for female migrants.



#### Zentrum ÜBERLEBEN

Housing Project for Female Migrants

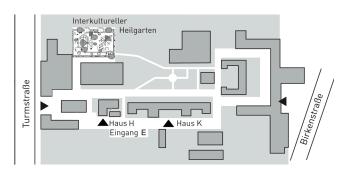
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#### How to find us

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#### **Donation Account: GLS Bank**

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### For further information please visit our website

www.ueberleben.org













# HOUSING PROJECT FOR FEMALE MIGRANTS



**Psychosocial services & therapy** 



Female migrants from the age of 18

- → who have suffered violence, also by the state,
- → who need professional help to overcome psycho-social and emotional issues,
- → who, as a result of their traumatizing experiences, require gender-specific care and treatment,
- → who rely on language and cultural mediators.

We offer assisted living and rehabilitation services in the districts Mitte, Spandau, and Tempelhof- Schöneberg as part of the integrated assistance through a social security program.

Four clients are able to live in our therapeutic shared apartment. The other clients live alone or with their families in their own apartments or in refugee shelters and will be accompanied as part of the assisted individual living program.



## **OUR SERVICES**

Each client is assigned to a social worker / case manager, and if indicated to a psychotherapist. If needed, sessions will be attended by a language and cultural mediator. The clients are supported every step of the way in order to build a new daily routine and process their violent experiences. Our services include:

- → Psychosocial services
  - Assistance with visiting governmental institutions and support in answering legal questions of residency
  - Help with everyday life matters
  - Assistance with establishing medical care for each
  - Assistance with finding language and integration courses
  - Assistance with searching for an apartment, employment, and apprenticeships
  - Help with establishing a structured daily routine
  - Help with building and expanding a social network
- → Resource-oriented and recreational groups
  - Arts & crafts
  - Sewing
  - Women's meetup
  - Gardening
  - Reading
  - Exercise
  - Breakfast
  - Psychoeducational groups
  - Excursions
  - German communication
- → Psychotherapeutic one-on-one sessions



We are a multidisciplinary and multicultural team made up of social workers, pedagogues, psychologists and psychological psychotherapists. In addition, we work with specially trained language and cultural mediators, as well as interns and volunteers.

We treat approximately 60 clients from around 15 countries per year.



